

PATTERN COMPETITION		
<u>CATEGORY</u>	<u>AGE</u>	<u>RANK</u>
GUPS PATTERNS FEMALE	7-9	White to Yellow Stripe
	10-11	Yellow to Green Stripe
	12-13	Green to Blue Stripe
	14-15	Blue to Red Stripe
	16-17	Red to Black Stripe
	18-35	
	36-45	
	46-55	
	56 and up	
GUPS PATTERNS MALE	7-9	White to Yellow Stripe
	10-11	Yellow to Green Stripe
	12-13	Green to Blue Stripe
	14-15	Blue to Red Stripe
	16-17	Red to Black Stripe
	18-35	
	36-45	
	46-55	
	56 and up	
DANS PATTERNS FEMALE	10-11	BLACK BELT 1ST DEGREE
	12-13	BLACK BELT 2ND DEGREE
	14-15	BLACK BELT 3RD DEGREE
	16-17	BLACK BELT 4TH DEGREE
	18-35	BLACK BELT 5TH DEGREE
	36-45	BLACK BELT 6TH DEGREE
	46-55	BLACK BELT 7TH DEGREE
	56 and up	BLACK BELT 8TH DEGREE
DANS PATTERNS MALE	10-11	BLACK BELT 1ST DEGREE
	12-13	BLACK BELT 2ND DEGREE
	14-15	BLACK BELT 3RD DEGREE
	16-17	BLACK BELT 4TH DEGREE
	18-35	BLACK BELT 5TH DEGREE
	36-45	BLACK BELT 6TH DEGREE
	46-55	BLACK BELT 7TH DEGREE
	56 and up	BLACK BELT 8TH DEGREE

TEAM COMPETITION		
<u>CATEGORY</u>	<u>AGE</u>	<u>RANK</u>
TEAM PATTERNS (3-5 COMPETITORS)	10-13	BLACK BELT 1ST-8TH DEGREE
	14-17	
	18-35	
	36 and up	
FEMALE TEAM SPARRING (3 COMPETITORS)	10-13	BLACK BELT 1ST-8TH DEGREE
	14-17	
	18-35	
	36 and up	
MALE TEAM SPARRING (3 COMPETITORS)	10-13	BLACK BELT 1ST-8TH DEGREE
	14-17	
	18-35	
	36 and up	
PREARRANGED SPARRING	12-13	BLACK BELT 1ST-8TH DEGREE
	14-17	
	18-35	
	36 and up	
SPECIAL TECHNIQUE POWER BREAKING (FEMALE)	14-15	BLACK BELT 1ST-8TH DEGREE
	16-17	
	18-35	
	36-45	
	46-55	
	56 and up	
SPECIAL TECHNIQUE POWER BREAKING (MALE)	14-15	BLACK BELT 1ST-8TH DEGREE
	16-17	
	18-35	
	36-45	
	46-55	
	56 and up	
SPECIAL TECHNIQUE HEIGHT (FEMALE)	10-11	BLACK BELT 1ST-8TH DEGREE
	12-13	
	14-15	
	16-17	
	18-35	
	36-45	
	46-55	
	56 and up	
SPECIAL TECHNIQUE HEIGHT (MALE)	10-11	BLACK BELT 1ST-8TH DEGREE
	12-13	
	14-15	
	16-17	
	18-35	
	36-45	
	46-55	
	56 and up	

PRESCHOOLER COMPETITION		
<u>CATEGORY</u>	<u>AGE</u>	<u>RANK</u>
OBSTACLE COURSE		
GUPS SPARRING PRESCHOOL FEMALE	3-6	ALL RANKS
GUPS SPARRING PRESCHOOL MALE		
SPARRING COMPETITION*		
GUPS SPARRING FEMALE	7-9	White to Yellow Stripe
	10-11	Yellow to Green Stripe
	12-13	Green to Blue Stripe
	14-15	Blue to Red Stripe
	16-17	Red to Black Stripe
	18-35	
	36-45	
	46-55	
	56 and up	
GUPS SPARRING FEMALE	7-9	White to Yellow Stripe
	10-11	Yellow to Green Stripe
	12-13	Green to Blue Stripe
	14-15	Blue to Red Stripe
	16-17	Red to Black Stripe
	18-35	
	36-45	
	46-55	
	56 and up	
DANS SPARRING FEMALE	10-11	BLACK BELT 1ST-8TH DEGREE
	12-13	
	14-15	
	16-17	
	18-35	
	36-45	
	46-55	
	56 and up	
DANS SPARRING MALE	10-11	BLACK BELT 1ST-8TH DEGREE
	12-13	
	14-15	
	16-17	
	18-35	
	36-45	
	46-55	
	56 and up	
*for weight specifications, please access the competition rules.		